

# Snippet

## Anaesthesia in the obese patient: the ramped position revisited

The 'ramped' position has been described to assist anaesthetic management during induction of general anaesthesia in obese patients. This is achieved by propping the patient head-up, whilst keeping the face horizontal in a coronal plane, and can be created by using several pillows, or by using a proprietary gadget.

Many theatre tables nowadays have a head section capable of angulation. By

tilting this section downwards and then flexing the table forwards, one can recreate the ramped position with the use of only one pillow and select the exact degree of angulation desired. Since we are from Glasgow, we were unable to find anyone obese, so one of your undersigned correspondents (LO) volunteered to demonstrate the idea.

**J. Glen**

**L. O'Neill**

*Southern General Hospital,  
Glasgow, UK*

Email: johnglen@doctors.org.uk

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Figure 1 Ramped position.